



MilitaryShare

a Fresh Express Program

In central Pennsylvania, nearly 26% of households receiving food assistance have at least one member who has served in the military. MilitaryShare, a Fresh Express Program of the Central Pennsylvania Food Bank, is designed to provide fresh, nutritious foods for families with at least one member who has served in the armed forces.

For the convenience and privacy of the individuals and families served, MilitaryShare distributions take place on-site at armories, VFW and AMVET locations throughout the Central Pennsylvania Food Bank's 27-county service area.

While the specific items distributed will vary based on the Food Bank's available inventory, each eligible, registered family will receive fresh produce, one quart of fresh milk, one dozen eggs, cheese, and a box of shelf-stable pantry staples such as soup, pasta, sauce and cereal. When available, meat, fish and poultry products may also be included. While not all inclusive, a list of commonly included items is below:

Deli / Dairy

Cheese
Eggs
Fresh Milk

Fresh Fruits & Vegetables

Apples
Broccoli
Carrots
Corn
Lettuce
Onions
Oranges
Potatoes
Strawberries
Tomatoes

Meats, Fish & Poultry

Ground Beef
Ground Turkey
Chicken Quarters
Canned Chicken
Canned Tuna

Pantry Staples

100% Fruit Juice
Cereal
Crackers
Granola Bars
Pasta
Peanut Butter
Soups



MilitaryShare is funded by donations which help to subsidize the Food Bank's food and transportation expenses. While requests to include specific items in a distribution may impact the cost, you can sponsor a distribution for just \$10-15 per family. To learn how you or your organization can sponsor a MilitaryShare distribution in your community, please contact Greg Stegall at 717.564.1700, ext. 2315 or email: gstegall@centralpafoodbank.org.



The Central Pennsylvania Food Bank is a non-profit organization whose mission is to reduce hunger in 27 counties across Pennsylvania. By working with more than 900 local agencies the Central Pennsylvania Food Bank provides nearly 650,000 nutritious meals to people in need every week.

Frequently Asked Questions

How do I donate to the MilitaryShare program?

Donations can be made to the Central PA Food Bank. *Be sure to annotate "MilitaryShare Program" or the specific MilitaryShare site you wish to donate to in the notes section of your check or payment.*



Pay to the **Central PA Food Bank** Date _____
Order of _____ \$ _____

MilitaryShare – Blair County
For _____ Signed _____

-Or-



Pay to the **Central PA Food Bank** Date _____
Order of _____ \$ _____

MilitaryShare
For _____ Signed _____

Mail your donation check to:

Central Pennsylvania Food Bank
3908 Corey Road
Harrisburg, PA 17109-5929

We can also accept online donations via our website www.centralpafoodbank.org – make sure to indicate MilitaryShare in the donor comments to ensure proper allocation of your donation.

How can I host a MilitaryShare distribution?

Hosting a distribution requires having access to a clean and safe location/facility where veterans and their families are comfortable receiving food assistance.

What percentage of the donations *actually* go towards the MilitaryShare program?

100%: All donations go toward food purchased specifically for the MilitaryShare program.

Who is eligible to receive food through the MilitaryShare program?

Veterans and their families who are in need. Veterans from all military branches; prior service, reservist or inactive ready reserve.

How can I volunteer my time to the MilitaryShare Program?

Lending a helping hand at a distribution or packing food boxes at the Central PA Food Bank is always welcomed assistance.

How many veterans are in need in our area?

More than you may think. A recent study of our clients conducted by Feeding America found that **26%** of clients served by the Central PA Food Bank had a veteran in their household. Nearly one million veterans live in Pennsylvania with 64,600 receiving SNAP benefits in 2013 alone. Veterans aren't alone: about 70% of veterans are married and 31% reported having children.

Where can I obtain more information about the MilitaryShare program?

Contact Greg Stegall, listed below to find out more about the program! We welcome questions or comments.

Greg Stegall, MilitaryShare & Mobile Distribution Manager at 717.564.1700 ext. 2315; GStegall@CentralPAFoodBank.org