



## SNAP benefit eligibility

Eligibility is based on a household's income, housing costs, and medical expenses. **The average SNAP benefit for older adults is \$106 per month.**

Housing and out of pocket medical expenses help seniors maximize the monthly benefit amount. Call our helpline to find out if you might be eligible.

# 1.877.999.5964

Household Size    Gross Monthly Income

1	\$2,082
2	\$2,819

*Gross Monthly Income is for Household with Person(s) 60 and Older or Disabled.*

One mission, two locations.

### Harrisburg Healthy Food Hub

3908 Corey Road  
Harrisburg, PA 17109  
phone: 717.564.1700

### Williamsport Healthy Food Hub

3301 Wahoo Drive  
Williamsport, PA 17701  
phone: 570.321.8023

EMAIL

info@centralpafoodbank.org



# Senior SNAP

## Our Mission

fighting hunger, improving lives,  
strengthening communities

## Our Vision

No one should be hungry.

## Our Bold Goal

By 2025 our collaborative network will provide access to enough nutritious food for everyone struggling with hunger in each of the 27 central Pennsylvania counties we serve, and we will convene and nurture partnerships to make progress toward ending hunger.



Save at least  
**\$180 A YEAR**  
on groceries.

CENTRAL PENNSYLVANIA  
**FOOD BANK**

No One Should Be Hungry

MEMBER OF  
**FEEDING AMERICA**

MEMBER OF  
**FEEDING PENNSYLVANIA**

[www.centralpafoodbank.org](http://www.centralpafoodbank.org)



“It helps me in many ways. That I’m able to get by each month, each day, with its help.” - *Trudy*

## SNAP benefits are quick and easy to apply for!

Supplemental Nutrition Assistance Program (SNAP) helps seniors purchase food. Benefits are provided monthly on an EBT card.

Now enrollment is easier than ever through the Elderly Simplified Application Process (ESAP). This process simplifies the SNAP application and recertification process for older Pennsylvanians and individuals with a disability who have no earned income.

- Simplified two-page application
- 36-month certification
- Few or no verifications required



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## Start saving on your groceries today!

At the Central Pennsylvania Food Bank, our team of experts will provide assistance through our bilingual **Food Stamps Helpline**. Our SNAP associates will:

1. Pre-screen you for potential eligibility
2. Provide an estimated SNAP benefit amount
3. Submit your SNAP application and advise you on what to expect next
4. Check in with you to provide additional support
5. Assist with renewing your benefits

Our SNAP associates may be able to help you **save \$180 or more a year** on groceries.

**Call the Central Pennsylvania Food Bank Food Stamps Helpline at 1.877.999.5964.**



*Senior SNAP participants are less likely to enter a nursing home and less likely to be hospitalized in the year after receiving SNAP than non-participants. SNAP participation have also been linked to lower overall health care expenditures and Medicaid/Medicare costs.*

