Many students are using the **Supplemental Nutrition Assistance Program (SNAP/Food Stamps)** to make sure they're getting enough food to learn and reach their educational goals.

<table>
<thead>
<tr>
<th>Household Size</th>
<th>Gross Monthly Income</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>$2,430</td>
</tr>
<tr>
<td>2</td>
<td>$3,288</td>
</tr>
<tr>
<td>each additional member</td>
<td>+ $858</td>
</tr>
</tbody>
</table>

*Guidelines effective 10/1/2023 – 9/30/2024.

Call or text **APPLY** to **877.999.5964**

**Assistance available in over 240 languages.**

*This organization is an equal opportunity provider.

The Central Pennsylvania Food Bank is committed to providing access to nutritious food for everyone struggling with hunger in each of the 27 counties we serve.

**www.centralpafoodbank.org**
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Submit your completed form or letter to USDA by:

(1) **mail**: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;

(2) **fax**: (202) 690-7442; or

(3) **email**: program.intake@usda.gov.

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To order new or additional fliers, please contact Laura Goddard, SNAP Outreach Manager, at the Central Pennsylvania Food Bank, at lgoddard@centralpafoodbank.org or 717.547.6335.