

Fruit Infused Water

No Cook Recipe

Low Added Sugar

Ingredients

Servings: 16

Prep Time: 5 minutes

- 1 gallon **water**
- 1 **lemon**
- 1/3 **cucumber**

Variations: orange & lime, cucumber & mint, strawberry & watermelon, apple & cinnamon.

Directions

1. Slice cucumber and lemon.
2. Place cucumber and lemon in a gallon of water.
3. Refrigerate for several hours or overnight to infuse.
4. The water will last up to 3 days in the refrigerator.

Recipe adapted from [FoodHero.org](https://www.foodhero.org)