



Puff Pancake

Family Friendly

Low Added Sugar - Vegetarian

Ingredients

Servings: 4

Prep Time: 15 minutes

Cook Time: 20 minutes

- 1 tbsp **butter**
- 3 **eggs**, beaten, room temperature
- 1/2 cup **low fat milk**
- 1/8 tsp **salt**
- 1/3 cup **flour**

Optional: Top pancake with yogurt and fruit of your choice.

Directions

1. Preheat oven to 400°F.
2. Place butter in a 9-inch pie plate; heat in oven until butter is melted, 2-3 minutes.
3. Meanwhile, in a small bowl, whisk eggs, milk, and salt until blended; gradually whisk in flour.
4. Remove pie plate from oven; tilt carefully to coat bottom and sides with butter. Immediately pour in egg mixture.
5. Bake until pancake is puffed and browned, 18-22 minutes. Remove from oven; serve immediately.

Recipe adapted from Tasteofhome.com